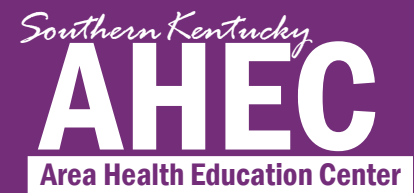




mentoring program



men·tor

/'men,tôr,-tər/

1. NOUN An experienced and trusted adviser

Challenging journeys are best travelled with the help of a mentor, a trusted guide who can help you stay on the right path. That's why the Southern KY AHEC has developed AHEC Connect, a mentoring program for college undergrads who want to pursue a medical career. The 4-month program is free of charge, takes little time, and provides a structured framework for communicating with a mentor to help guide you along your journey.

Your mentor will:

- Help you become familiar with pathways to medical school
- Describe how medical school life is for med students
- Answer questions about financial issues in college
- Advise you on class selection to get into medical school
- Encourage you to volunteer
- Provide advice on MCAT prep
- Provide job shadowing ideas
- Engage in one monthly conversation for four months
- One evaluation at the end of the program
- Provide a monthly article or educational video

For more information

Sherry Spragens, Southern KY AHEC
sspragens@soahec.org or (606)256-0950

Mentee Application Form

Name _____

Address _____

City _____ State KY Zip _____

Phone _____

E-mail _____

High school Attended _____

College Attending _____

Major: _____

Year graduating: _____

Mail a completed application form to:

Southern KY AHEC
PO Box 1770
Mt. Vernon, KY 40456

