

What is mentorship?

A relationship in which a more experienced or more knowledgeable person helps to guide a less experienced or less knowledgeable person. The mentor may be older or younger than the person being mentored, but he or she must have a certain area of expertise.



Different types of mentors

Senior professional mentor



- When people think of mentor, often they think of the senior professional mentor, the successful VP with over 20 years of career experience. The Senior Professional mentor is a fantastically helpful mentor and can give you a much-needed long-term perspective on your

Peer mentor

- Peer mentors, sadly, get overlooked and underappreciated too frequently. The Peer mentor is someone who is close to your age and only a step or two above you, if at all, in the workplace. A less prestigious mentor-type, the peer mentor knows the lay of the land and is with you in the trenches at your company or in your industry. Their advice is often the

The supervisor mentor

- Supervisors can be tremendous mentors. As a coach, a supervisor gets to see you in action first hand. He or she has the chance to know your best talents and fundamental flaws in the workplace. Not everyone has a boss focused on mentorship, but those who do have a valuable opportunity for real-time feedback and growth. Colleagues too can share important information about the office or

Benefits of mentoring

There are several benefits when mentoring. You can get many advantages and great ideas from mentoring.

- Exposure to new ideas and ways of thinking
- Advice on developing strengths and overcoming weaknesses
- Guidance on professional development and advancement

outcomes



- Increasing the engagement of employees through interactions with a mentor,
- Assisting employees in developing a mentoring relationship for career development in an effort to increase knowledge, skills, and competencies that may be needed for current job duties or future career advancement.

Final thoughts

Having a mentor or being a mentor could be really beneficial to many people. And have several different positive out



Sources

<https://hr.maricopa.edu/professional-development/mentoring/mcccd-mentor-program/outcomes-impacts-and-benefits>

<https://www.michaelpage.co.in/advice/management-advice/leadership/what-are-benefits-mentoring>

<https://bossedup.org/3-types-of-mentors-you-need-to-succeed/>


