

# *The Latest Advances in* **Diabetes Management**

**October 26, 2018**

London Community Center  
London, Kentucky



*This program is a collaborative effort of*  
Southern Kentucky Area Health Education Center  
Baptist Health Corbin  
Baptist Health Richmond  
Laurel County Health Department

# Agenda

## Friday, October 26, 2018

### Focus

This program will present the latest advances and recommendations in management of diabetes through recognizing the risk factors for developing diabetes, reducing cardiovascular risk factors, nutrition management, pharmacological agents used in diabetes care, with an emphasis on healthy lifestyle choices including physical activity.

### Objectives

*At the end of this conference participants will be able to:*

- State at least 3 common questions about diabetes nutrition patients ask, and how to respond with current evidenced based knowledge.
- Understand how diabetes affects the hearing organ and why hearing screenings/evaluations are important for patients diagnosed with prediabetes/ diabetes.
- Review the increased risk of Cardiovascular Disease in Diabetics and review treatment modalities.
- Understand how carbohydrate counting affects control of blood sugar management.
- Discuss the importance of recognizing kidney disease among diabetics.
- Compare and contrast the role, efficacy and cost of recently approved diabetes agents to existing agents.
- Discuss the systemic effect of diabetes

### Target Audience

Physicians, Pharmacists, Physician Assistants, Dentistry, Dietitian, Respiratory, Nurses, CHES, Physical Therapy, Radiology and Nurse Practitioners

**7:30 am**

**Registration/Continental Breakfast**

**8:30-9:30**

**Common Questions About Diabetes Nutrition Our Patients Ask**

Kathleen Stanley, CDE, RD, LD, MSED, BC-ADM, MLDE

**9:30-10:30**

**Diabetes and Hearing Loss**

Elizabeth Rogers, Au.D., CCC/A

**10:30-10:45**

**BREAK**

**10:45-11:45**

**Cardiovascular Disease in the Diabetic**

Marty Mullins, PA-C, CLS

**11:45-1:00 pm**

**LUNCH/Vendors**

**1:00-2:00**

**Advanced Carbohydrate Counting**

Mechelle Coble, MS, RD, LD, CDE

**2:00-2:15**

**EXERCISE ~ Chair Aerobics**

Kathy Lay

**2:15- 3:15**

**Diabetic Kidney Disease**

Kamran Hasni, MD

**3:15-3:30**

**BREAK**

**3:30-4:30**

**Recent Pharmacotherapy Updates in the Management of Diabetes**

James Wheeler, PharmD. BCPS

**4:30-5:30**

**Systemic Effect of Diabetes/Lower Extremities**

Josh Hill, DPM, DABPMO, AACFAS, AABFAS

**5:30 pm**

**Evaluation/Certificates/Adjournment**

Notice:

Southern AHEC would be pleased to assist you with any special needs (i.e. physical, dietary etc.) please let us know in advance.

To help you better prepare for the conference handouts will be available online for registrants prior to the conference.

# Continuing Education

**Physician/Nursing Home Administrator:** The Southern Kentucky Area Health Education Center is accredited by the Kentucky Medical Association (KMA) to provide continuing medical education for physicians.

The Southern Kentucky Area Health Education Center designates this live activity for a maximum of seven (7) credits) *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**PA/FNP:** This program has been approved by the Southern Kentucky AHEC for non-physician confirmed attendance for physician assistants and nurse practitioners.

**Nursing/KBN:** Approved by KBN for 8.4 contact hours. Baptist Health Corbin is an approved institutional provider of continuing education by the Kentucky Board of Nursing. KBN approval of an individual continuing education provider does not constitute endorsement of program content. Expiration Date December 31st, 2018. Provider Offering Number 4-0051-12-18-813. Roster number 519.

**Pharmacy:** This program has been submitted to KY Board of Pharmacy for Pharmacy Credit. (Credit Pending)

**Dietitian:** This program has been submitted to the ADA for Dietary Credit. (Credit Pending)

**Dentistry:** This program has been approved by the Southern KY AHEC for Dentistry Credit.

**Physical Therapy:** This program has been approved by the Kentucky Physical Therapy Association for Physical Therapy credit.

**Respiratory:** This program has been submitted to the American Association for Respiratory Care for Credit. (Credit Pending)

**Radiology:** This program has been submitted to the Kentucky Board of Medical Imaging and Radiation Therapy for credit. (credit pending)

**Certified Health Education Specialists:** Sponsored by Western Kentucky University Department of Public Health, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc.

*Partial credit will be given on a per hour basis.  
Must complete a written evaluation to be awarded contact hours.*

## Cancellation Policy

In the event you must cancel. Cancellations must be in writing. A refund of registration cost minus 20% processing fee will be given. No refunds will be given after

October 17, 2018

## Cost & Information

Credit cards and Paypal are accepted through online registration only.

Cost Include: Meals

## Registration Cost

**EARLY BIRD**  
*Special* \$30.00  
before October 12, 2018

After October 13, 2018  
\$40.00

On Site Cost: \$45.00

Program Supported  
Through Unrestricted  
Educational Grants From

*NOTE: At the time of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.*

*The Southern Kentucky Area Health Education Center's mission is to improve our communities by transforming health and healthcare through education. We do this by connecting students to health careers, health professionals to communities, and communities to better health.*

Southern KY AHEC  
P. O. Box 1770  
Mt. Vernon, KY 40456

## Online Register & Pay

*We strongly recommend you register online this is the only way you will receive a confirmation and event notices!*

Register & pay online at: [www.soahec.org/cecme.html](http://www.soahec.org/cecme.html)  
**Early Bird Registration Deadline: October 12, 2018**

## Mail in Registration Form & Payment

Diabetes Management 2018

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

SS#(nursing only): xxx-xx-\_\_\_\_ LIC# \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_

Check#(enclosed) \_\_\_\_\_ Paid: \_\_\_\_\_ AARC # \_\_\_\_\_

Credit Needed: \_\_\_\_\_ Physician \_\_\_\_\_ PA \_\_\_\_\_ Dietitian \_\_\_\_\_ NHA \_\_\_\_\_ NP \_\_\_\_\_ Nursing \_\_\_\_\_ Pharmacy  
\_\_\_\_\_ Respiratory \_\_\_\_\_ Dentistry \_\_\_\_\_ CHES \_\_\_\_\_ PT \_\_\_\_\_ Radiology \_\_\_\_\_ No Credit Needed

*Mail registration form and check to: Southern KY AHEC ~ PO BOX 1770 ~ Mt. Vernon, KY 40456*