



## Dental mentoring program



# men·tor

*/'men,tôr,-tər/*

1. NOUN An experienced and trusted adviser

Challenging journeys are best travelled with the help of a mentor, a trusted guide who can help you stay on the right path. That's why the Southern KY AHEC has developed AHEC Connect, a mentoring program for college undergrads who want to pursue a medical career. The 4-month program is free of charge, takes little time, and provides a structured framework for communicating with a mentor to help guide you along your journey.

### Your mentor will:

- Help you become familiar with pathways to dental school
- Describe how dental school life is for dental students
- Answer questions about financial issues in college
- Advise you on class selection to get into dental school
- Encourage you to volunteer
- Provide advice on DAT prep
- Provide job shadowing ideas
- Engage in one monthly conversation for four months
- One evaluation at the end of the program
- Provide a monthly article or educational video

### For more information

Sherry Spragens, Southern KY AHEC  
sspragens@soahec.org or (606)256-0950

## Dental Mentee Application Form

Name \_\_\_\_\_

Birthday \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State KY Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

High school Attended \_\_\_\_\_

College Attending \_\_\_\_\_

Major: \_\_\_\_\_

Year graduating: \_\_\_\_\_

Must be a graduate from the Southern AHEC region to qualify.

**Mail a completed application form to:**

Southern KY AHEC  
PO Box 1770